



SHRI OLENCIO DIAS

Senior Coach for last 2 decades in South Goa. He is also BFI A Panel Referee, and founder of Margao Basketeers. He is the founder of AOA Basketball Academy.



SHRI MICHAEL DIAS

Director of Sports Dempo College, pursuing his Doctoral studies in Sports. He is the Founding member of CHARGERS basketball Team



GIRISH LOTLIKAR

President of Goa Basketball Association. Senior National Player and Permanent Member. Presently coaching at Auxilium Convent, Caranzalem.



SHRI AVERTANO BARRETO

Director of Sports of Don Bosco College of Engineering Fatorda. Former Director of Sports of Goa University, and Don Bosco College, Panjim.



MARIA HELENA PINTO

Senior Goa State Player and Coach at Lourdes Convent High School, Saligao. She is the State Youth Coach, and is instrumental in the rise of Lourdes Convent Basketball Team to the top positions today.



FR RALIN DE SOUZA

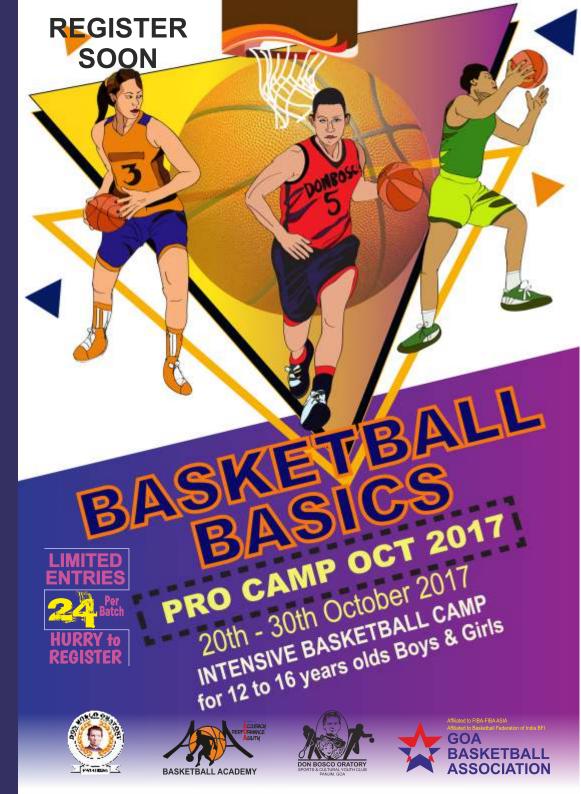
Secretary of Goa Basketball Association. He has successfully completed the following courses in Basketball Coaching: FIBA-BFI Level 01(Kolkata), 02(Bangalore) & 03(Chandigarh); WABC Level 02(Bangalore).

CONTACT US

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Olencio Dias - 9422018850 Bonita Dias - 7798429744/8169878528 Fr. Marvin Vaz - 7020622725 Fr. Ralin De Souza - 9921448023



BAS ET

2BACK BASICS

Perfecting your Basic Skills is the only way forward to improvise and developing your skill.

The camp will have a systematic approach to inculcate habits of getting rooted in the basics of Basketball. We will focus on:

- Ball Handling
- Different Dribbles
- Balance Stance
- Posture
- Agility
- Footwork

SCHEDULE

- 4 hour Sessions each day

 Panjim: 8.30AM-12.30PM

 Fatorda: 4.00PM 8.00PM
- Short Water Breaks
- 22nd Sunday Break
- 29th Sunday Competition
- Camp dates: 20th 30th Oct

TRANSITION BASKETBALL

Basketball today is a game of speed and tempo. It's a constant attempt for ball possession. Hence we are in continuous transition from offence and defence. To make every player equipped for every situation, we focus on:

- Offensive moves/position
- Defensive moves/position
- Transition plays
- Positions on court
- On-ball movements
- Off-ball movements

BENEFITS

- 2 sets of Kits (Jerseys)
- One Basketball (Size 5/6/7)
- ♦ Water accessible
- A light snack to conclude
- Kit Bag
- Inculcate game discipline

BALL HANDLING

Ball control gives you mastery over the game. The more powerful and varied ball handling skills you posses will give you and advantage and confidence in facing any opponent. To achieve this end we focus on:

- Round the world
- Ball control
- Different Power dribbles
- V-dribbles
- Crossovers
- Handles

OPPORTUNITIES

- First time Intensive camp in Goa.
- Tips to team leadership
- Promising players will be given inter-state opportunities.
- Exposure experiences
- Training Certificates

SHOOTING

We play to win. The winner is decided on the simple score of numbers. Baskets make us WIN. Without a proper technique of shooting its pointless driving the ball to the edge. We will focus on:

- Shooting Balance-Position
- Lay-ups
- Jump-shots
- Free-throw skills
- Shooting habits
- Shooting under pressure

EXCLUSIVE

- Individual Player Assessment
- Physical Endurance
- Personal Development
 Parameters
- Individual Indicators to help work on oneself.



Costing:

Registration: ₹ 500/-Kits & Accessories: ₹ 1000/-Course+Venue Fee: ₹ 2000/-

Total Cost: ₹ 3500/-

Cheques in favour of "AOA Basketball Trust". For direct transfer: *Acc No*: 0308101046067 *IFSC Code*: CNRB0000308 *Branch*: Panaji Goa